



## Goals for 3-4 Year Olds

### Social and Emotional Skills

- ✓ Respects and shows concern for friends
- ✓ Accepts and responds to teacher's suggestions and authority
- ✓ Begins to play cooperatively with others
- ✓ Begins to resolve conflicts appropriately through use of words
- ✓ Participates and attends to activities such as circle time and learning activities for a longer period of time

### Self Reliance Skills

- ✓ Able to identify own name, sex, and age
- ✓ Able to point to six body parts when named
- ✓ Names body parts such as head, face parts, chin, arms, hands, legs, knees, feet, etc
- ✓ Assists with putting toys and supplies away
- ✓ Begins becoming independent with self-help skills such as toileting, hand washing, putting on shoes and coat and zipping
- ✓ Follows directions
- ✓ Uses work materials properly as well as cleans when finished
- ✓ Begins to follow classroom routines independently
- ✓ Begins to work on tasks independently
- ✓ Begins working cooperatively in small groups

### Fine Motor Skills

- ✓ Independently strings four ½ inch beads
- ✓ Independently puts together 6-7 piece puzzles
- ✓ Begins cutting with scissors
- ✓ Begins coloring with crayons with increasing control
- ✓ Begins using proper grip of crayon- uses fingers versus fist
- ✓ Draws a combination of simple shapes such as a house or person
- ✓ Begins to write first name in capital letters

## **Gross Motor Skills**

- ✓ Throws and catches a large ball
- ✓ Jumps on two feet in place
- ✓ Hops from one foot to the other
- ✓ Kicks a ball forward

## **Language Arts Skills**

### **Listening**

- ✓ Listens quietly to stories read aloud
- ✓ Begins to follow a sequence of three simple directions
- ✓ Responds to a story by recalling basic details

### **Speaking**

- ✓ Verbalizes wants and needs
- ✓ Effectively communicates in 5-6 word sentences
- ✓ Begins taking turns speaking during group activities such as circle time
- ✓ Correctly uses pronouns such as I, you, me, he, and she
- ✓ Shows an increase in vocabulary

### **Literacy**

- ✓ Recognizes letters and some sounds
- ✓ Shows an increasing awareness of environmental print such as names of friends, center signs, etc
- ✓ Begins to identify the parts of a book such as cover, title, back of the book, spine of the book etc
- ✓ Understands directional and positional words such as in, out, over, under, on, off, top, bottom, in front of, in back of
- ✓ Identifies opposites such as up/down; open/closed; stop/go; happy/sad; slow/fast; hot/cold
- ✓ Recognizes own name and identifies letters in own name

## **Math and Science Skills**

- ✓ Names and identifies basic shapes such as circle, triangle, square, and rectangle
- ✓ Identifies basic colors
- ✓ Sorts objects according to basic colors
- ✓ Rote counts to 20

- ✓ Identifies numbers 1-20
- ✓ Uses 1:1 correspondence of objects to 5
- ✓ Identifies number of objects without counting (up to five objects)
- ✓ Begins to recognize simple patterns
- ✓ Begins to understand and sort according to physical properties such as hard, soft, hot, cold, wet and dry
- ✓ Begins to compare and contrast according to physical properties
- ✓ Begins to observe and describe characteristics of living things

### **Social Studies Skills**

- ✓ Begins to recognize similarities and differences in people
- ✓ Explores how people rely on others for goods and services
- ✓ Explores various “helpers” in the community
- ✓ Explores the use of technology
- ✓ Understands basic rules and how to follow them
- ✓ Explores celebrated holidays and special days in the community