



Goals for 1-2 Year Olds

Social and Emotional Skills

- ✓ Begins to identify and show basic feelings such as happy, sad, mad, scared
- ✓ Shows concern for friends
- ✓ Accepts and responds to teacher's suggestions and guidance
- ✓ Begins to enjoy the company of other friends
- ✓ Begins to show interest in group activities
- ✓ Begins to show increasing independence with play

Self Reliance Skills

- ✓ Able to answer to own name and begins to say own name
- ✓ Begins pointing to and identifying basic body parts such as eyes, ears, nose, mouth
- ✓ Assists with putting toys and supplies away
- ✓ Sits in a chair unassisted
- ✓ Begins feeding self with spoon unassisted
- ✓ Assists in undressing/ dressing self

Fine Motor Skills

- ✓ Begins coloring with crayons
- ✓ Paints with large paint brush
- ✓ Begins playing with play dough
- ✓ Uses fingers to grasp small objects
- ✓ Begins building a towers with large blocks

Gross Motor Skills

- ✓ Throws a large ball forward
- ✓ Enjoys climbing
- ✓ Jumps on two feet in place

- ✓ Kicks a ball forward
- ✓ Begins to run

Language Skills

- ✓ Begins to communicate wants and needs and sometimes verbalizing wants and needs
- ✓ Listens to simple stories quietly
- ✓ Points to object or picture when it's named for him/her
- ✓ Recognizes names of familiar people, objects, and body parts
- ✓ Begins to use 2 word sentences
- ✓ Follows a simple direction "Sit in your chair"
- ✓ Can identify some animals and the sounds they make

Cognitive Skills

- ✓ Begins to notice and name different shapes
- ✓ Explores basic physical properties (hard, soft, hot, cold, wet, and dry)
- ✓ Identifies some colors
- ✓ Begins counting to 10
- ✓ Shows an interest in reciting or singing ABC's
- ✓ Recognizes and sometimes repeats basic nursery rhymes
- ✓ Shows interests in songs
- ✓ Recognizes a schedule of events